

Franck JOSEPH-MAURIN is offering a workshop introducing:

Workshop title:

THE PATH OF THE MYCELIUM :

OPTIMAL RELATIONAL DYNAMIC POSTURE FOR SUPERVISORS

Duration: 90 Min

I'm offering my workshop twice: yes

The goal of the workshop is to explore the following:

- The ways of the mycelium in its natural habitat to feed, regenerate and protect their environment as an inspiration for supervisors to create nourishing, protective and regulated relational dynamics in their working space.
- The 6 principles of relational dynamics from a PGRO (Gestaltist Psychotherapy of Relational Objects) point of view
- The experience of one supervision tools that I've learned, adapted and applied over my years of supervision practice with leaders : the Optimal Posture for Relationship Professionals

The Concept:

In both our professional and personal lives, relationships are the arena of our greatest challenges, yet also, of our most rewarding satisfactions. There is no individual or collective construction that can be done outside of this relational arena and we all have a responsibility of making it the place for development and growth or toxicity and decline.

As supervision or coaching professional, our responsibility lies in creating a secure, trustful and fulfilling enough relational space for our client/ clients, for them to take the risk of self-confrontation and reflexivity. It is the most important condition to help them analyse and understand the impact they have on their environment and how they are impacted by it, through "relational dynamics".

The workshop is therefore based on how we live relational dynamics and how we engage in that "relational mycelium" in which we are all involved.

Learning outcome:

Through the exploration of the relational mycelium we will explore the three cores competences for every relationship and counselling professionals :

- the interactive competence
- the somato affective competence
- the reflexive competence

We will also explore the five dimensions of the OPRP Tool, (Optimal Posture for Relation Professionals) at stake in a relational dynamic space : centration, fascination, integrity, intimacy, and contact risk taking.

Profile

For over 20 years, Franck has been supervising and coaching business leaders, founders, entrepreneurs, corporate executives, and their teams, to help them create both economic and human value for all stakeholders (partners, employees, public and private associates, and the environment).

Through his practice, Franck has come to recognize that beyond structural power, it is the relational dynamics that truly fuel the engagement leaders and organizations need for sustained and balanced development

Franck is also a trained therapist in PGRO practice (Gestalt Psychotherapy for Relational Objects).

Joining the learnings and experience of both his practices, in the corporate and therapeutic worlds, he developed the concept of “Relational Mycelium” and elaborated tools and methodologies to help his clients reflect upon their impact on their environment through that relational mycelium.

Franck is a former president of PSF in France, member of PSF, AICC Global, SNPPsy, and Asso PGRO.

“The Path of the Mycelium” is today spreading through conferences, masterclasses and workshops.

Contact Information: (to be shared)

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