

Social Dreaming

Social Dreaming, the practice of sharing, associating to and working with dreams in a matrix in order to identify social trends and social dynamics, was pioneered and developed by Gordon Lawrence and his colleagues at the Tavistock Institute and Tavistock Clinic in the 1980s.

Every morning, we invite you to share and work with your dreams, as an opportunity to explore the social (not individual) unconscious. The social dreaming matrix provides a setting in which dreams of the last nights can be shared within a creative space in order to let unfold new ideas and insights. Associations and amplifications (not interpretations) arising from the dream narrations will inspire us to discover unconscious thoughts, possibilities, feelings, desires, connections... Come and dream with us!

Dr. Ullrich Beumer, Dipl.-Päd., works as a coach, supervisor (DGSv), organizational consultant, and trainer to both profit and non-profit organizations. He is executive director of 'inscape', an institute for coaching, organizational development and training at Cologne, Germany. He is member of the ISPSO (International Society for the Psychoanalytic Study of Organizations). He has also worked for several years as a guest researcher at the Sigmund-Freud-Institute in Frankfurt am Main/Germany.

Dr. Karin Herrmann, coach and supervisor (DGSv), counsellor and lecturer, Stuttgart (Germany). Karin Herrmann is head of the supervision training class at inscape (Cologne). She has an academic background in the humanities and follows a systems psychodynamic approach.