

Alina Feodorova is offering a workshop introducing:

Workshop title:

“Voices in Harmony: Opera-Inspired Song Creation for Reflective Supervision with AI”

Duration: 90 Min

I’m offering my workshop twice: no

The goal of the workshop is to explore the following:

- How opera-inspired vocal techniques can support emotional expression and reflective supervision.
- The integration of music therapy principles and AI tools in professional supervision.
- The role of collaborative song creation as a metaphor for supervision dynamics (e.g., integration, feedback, and group cohesion).

The Concept:

This workshop integrates opera-inspired vocal techniques, music therapy principles, and AI tools to foster reflection, emotional expression, and group cohesion. It aligns with ANSE’s focus on interactivity, innovation, and professional development in supervision. The workshop demonstrates how creative and digital methods can enhance reflective practices, making it relevant to the community’s goals.

Learning outcome:

1. Discover the therapeutic and reflective potential of opera-inspired vocal techniques.
2. Actively contribute to creating a collaborative song using their voices and AI tools.
3. Reflect on the song creation process as a metaphor for supervision dynamics, including integration, feedback, and collaboration.

Profile

Alina Feodorova is a certified music therapist, supervisor, and opera singer with extensive experience in therapeutic program development, team collaboration, and digital innovation in mental health. Alina holds master's degrees in music therapy and Supervision, with a background in Vocal Opera Singing. Her work bridges traditional therapeutic methods with digital advancements, fostering accessibility and creativity in therapy and supervision practices.

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Origin - LATVIAN