

Carsten Hennig is offering a workshop introducing:

Workshop title:

From shore to shore - Navigating the expanse of 'European Supervision' together.

Duration: 90 minutes

I'm offering my workshop twice: no

**The goal of the workshop
is to explore the
following:**

This workshop explores the evolving role of supervision in Europe, focusing on ethical values, social responsibility, and contemporary challenges such as identity, diversity, and mobility. Through professional dialogue, participants will critically examine traditional methods, engage in cross-cultural exchange, and reflect on power dynamics and social justice. The session fosters a collaborative space for creative exploration and practical innovation.

The Concept:

By drawing parallels between "ocean" and "supervision," participants will explore supervision's connection to broader societal issues in Europe—power, migration, and diversity. Through critical reflection, they will assess their own supervisory methods, uncover biases, and consider inclusive alternatives. The workshop provides an interactive space for discussing ethical, social, and cultural awareness in supervision, equipping participants with strategies to navigate complex professional contexts.

Part 1: "How Can I Be a Supervisor in Europe Today?"

- A self-reflective exploration of diverse supervisory approaches.
- Personal perspectives on professional challenges.
- Format: Plenary presentation and individual reflections.

Part 2: "What Are We Doing, With Whom, How, and Why?"

- Examining supervisory practices and their implications.

- Creative exchange on strategies and challenges.
- Format Small group discussions.

Part 3: "How Will We Do 'European Supervision' Tomorrow?"

- Balancing shared principles with professional individuality.
- Exploring sustainable, diverse supervision practices.
- Format: Moderated discussion and insights collection.

This workshop offers a dynamic space to engage in meaningful discussions, challenge established practices, and shape the future of European supervision.

Learning outcome:

By the end of the workshop, participants will:

- Deepen their understanding of European supervision in relation to power, diversity, and mobility.
- Critically assess traditional methods and recognize implicit biases.
- Explore and develop more inclusive supervision strategies.
- Strengthen their ability to integrate ethical, social, and cultural awareness.
- Gain practical tools for dialogue, collaboration, and reflection.
- Leave with actionable strategies for adapting supervision to evolving European challenges.

Profile

Carsten Hennig – Coaching Supervisor & Researching Practitioner

As a freelance supervisor and coach across Europe since 2004, I am passionate about fostering dialogue on all aspects of supporting personal and professional growth. I have been training and mentoring future systemic supervisors and coaches at universities and certifying institutes since 2012 and served as spokesperson for the DGSF-section "Humane Work & Burnout Prevention" (2011–2019). Since 2017, I have been volunteering as a supervisor for NGO sea-rescue personnel, supporting frontline humanitarian workers. On the board of the DGfB I have served as a member (2019-2025), my research as an independent scholar is currently focused on professionalization in supervisor training. My work is rooted in dialogue, critical reflection, and inclusive supervision practices that adapt to evolving challenges.

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