

Kristina Urbanc is offering a workshop introducing:

Workshop title:

A rocking boat ride across the ocean of possibilities - (in)voluntary participants in the supervision process

Duration: 90 Min

I'm offering my workshop twice: yes

The goal of the workshop is to explore the following:

- to explore obstacles in supervisory relationships and processes from the perspective of supervisors and (more or less) involuntary supervisees who are sent for supervision as part of a project, as part of a team or at the initiative of someone else (those who payed supervision) but do not have intrinsic motivation to participate themselves.
- to get a deeper understanding and an opportunity to exchange experiences from these situations with other supervisors and supervisees.
- to reflect upon different levels of responsibility (professional, individual and social responsibility but also responsibility for the relationship) and to think about possible solutions for the benefit of supervisees, clients, supervisors and organizations.

The Concept:

After the introduction and a short warm-up, participants will have the opportunity to work in pairs using a dialogical approach and some psychodrama techniques to explore a selected relationship from their supervision sessions, from the perspective of supervisor and supervisee. Theoretically, the workshop is based on several concepts: (1)The concept of "not-knowing" according to which "not-knowing" is the way we position ourselves in relation to what we know and how we use that knowledge and with what intention (Anderson, 2004). (2) The concept of dialogue as a conversation with oneself or with others with the purpose of searching for meaning and understanding (Anderson, 2004; Cajvert, 2002; Bohm, 2009) (3) The psycho dramatic concept of roles and symbolic play as an emotional language through which the supervisor explores and reflects on the

supervisory process.

Learning outcome:

During the workshop, participants will be able to:

1. Conceptualize their understanding of "difficult" relationship in supervision;
2. Share their own experiences of "difficult" relationship in supervision through work in pairs;
3. Explore and reflect upon them;
4. Recognize and regulate emotions, needs, limitations and responsibilities in that relationship;
5. Recognize professional resources for working in "difficult" relationship

Profile

I am a social worker, holding PhD in social pedagogy, licensed supervisor in psychosocial work, systemic family therapist and integrative child therapist. I work at the Department of social work, Faculty of Law, University of Zagreb as a full professor. As an external associate I also work at the Center for Children, Youth and Family in Velika Gorica, Croatia, as a child psychodrama therapist. I am the author of three books and over 70 articles published in scientific and professional revues. Over the past 20 years, I have been gathering experiences home and abroad in various supervision trainings and projects. For last four years I am a member of the Editorial Board of ANSE Journal, which is a great pleasure for my.

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